Europium(III) Macrocyclic Complexes with Alcohol Pendant Groups as Chemical Exchange Saturation Transfer Agents

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Abstract: Paramagnetic lanthanide(III) complexes that contain hyperfine-shifted exchangeable protons offer considerable advantages over diamagnetic molecules as chemical exchange saturation transfer (CEST) agents for MRI. As part of a program to investigate avenues to improve the sensitivity of such agents, the CEST characteristics of europium(III) macrocyclic complexes having appended hydroxyethyl groups were investigated. The CEST spectrum of the asymmetrical complex, EuCNPHC3, shows five distinct peaks for each magnetically nonequivalent exchangeable proton in the molecule. The CEST spectra of this complex were fitted to NMR Bloch theory to yield exchange rates between each of six exchanging proton pools (five on the agent plus bulk water). Exchange between the Eu3+-bound hydroxyl protons and bulk water protons was slow in dry acetonitrile but accelerated incrementally upon stepwise addition of water. In pure water, exchange was too fast to observe a CEST effect. The utility of this class of europium(III) complex for CEST imaging applications is ultimately limited by the small chemical shifts induced by the hydroxyethyl appended ligands of this type and the resulting small Δω values for the exchangeable hydroxyl protons.

Introduction

Paramagnetic complexes are now widely used in clinical medicine to provide contrast in magnetic resonance imaging (MRI). The most widely used are complexes of gadolinium- (III) that enhance contrast by shortening the T1 of bulk water protons in those tissues that tend to accumulate such complexes.1 Alternatively, paramagnetic complexes that produce large magnetic susceptibility gradients, such as dysprosium complexes or iron oxide particles, can be used to shorten T2 and produce negative image contrast.2 Recently, a new class of MR contrast agent has been proposed that operate by a completely different mechanism called chemical exchange saturation transfer (CEST).3 CEST contrast is achieved by applying a presaturation pulse at the resonance frequency of an exchanging proton site on a CEST agent, and the resulting saturated or partially saturated spin is transferred to bulk water via chemical exchange. The net effect of CEST is to reduce the total water signal detected in an imaging experiment, thereby providing negative contrast in an image similar to that produced by T2 agents. The effectiveness of a CEST agent is impacted by three factors:4 N, the number of exchanging protons at the presaturation frequency on the agent; τH, the residence lifetime of the proton on the CEST agent; Δω, the chemical shift difference between the two pools of protons. The number of exchanging sites is important because this directly impacts the concentration of agent required to see a CEST effect. The exchange rate is of course important because, if it is too fast, the exchanging site cannot be activated and, if too slow, no transfer of saturated spins occurs. This means there is an optimal exchange rate for each exchanging site in a CEST agent; if Δω is small, exchange must be relatively slow while, if Δω is large, exchange can be quite fast. Δω is small for diamagnetic CEST agents, typically <5 ppm, so it becomes difficult to saturate at the exchanging site without at least partial saturation of bulk water spins as well. Paramagnetic metal complexes can shift the frequency of an exchanging site in a CEST agent far away from the bulk water signal, thereby substantially increasing Δω. The lanthanide ions have near ideal properties as paramagnetic CEST (PARACEST) agents because they can produce large hyperfine shifts in nearby protons without introducing too much line broadening. Complexes formed between lanthanide ions and more conventional polyamino polycarboxylate ligands such as DOTA or DTPA, however, display rather rapid water exchange and are not good candidates

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for CEST. It was the discovery that replacing these polyanionic ligands by a neutral ligand such as a tetraamide derivative of DOTA results in a decrease of the water exchange rate that has made PARACEST agents possible (Chart 1). By shifting the resonance of the coordinated water molecule 50 ppm or more from the bulk water resonance, lanthanide tetraamide DOTA derivatives such as EuDOTA–4AmCE have been shown to be effective at generating CEST-enhanced image contrast.

One important goal in the further development of PARACEST agents is to improve sensitivity and hence reduce the required dose. Most often, lanthanide tetraamide complexes have a single inner-sphere coordinated water molecule, and this results in just two protons exchanging with bulk solvent (N = 2). If the value of N could be increased, then the sensitivity of the PARACEST agent would be enhanced proportionately. Replacing the amide ligating functionalities of the ligand with hydroxyl groups could potentially increase the number of highly shifted protons available for exchange without altering the charge of the ligand. Such hydroxyethyl-appended ligands have been widely employed for the chelation of lanthanide(III) ions, and the hydroxyl groups of these ligands are known to retain their protons upon complexation to the metal ion at neutral pH.

These hydroxyl protons are in close proximity to the lanthanide ion and should therefore experience a large shift, resulting in a sizable ∆ω. If the exchange kinetics of these protons, as well as that of the coordinated water molecule, fall within a suitable range, then the increase in N should lead to an improvement in CEST sensitivity. With this in mind, the CEST characteristics of the europium(III) complexes of S-THP and CNPHC were investigated (Chart 1).

Results and Discussion

High-Resolution ¹H NMR Studies. The first step is to establish the chemical shifts of the exchanging sites on a CEST agent. This is most effectively performed by recording the high-resolution ¹H NMR spectrum of a thoroughly dried sample of the complex in dry d₃-MeCN. In the absence of bulk water, exchange is not possible, and well-defined resonances are observed for all protons. The spectrum of EuCNPHC™ under dry conditions (Figure 1, bottom) is rather complicated due to the lack of complex symmetry. The spectrum of EuS-THP™ under dry conditions (Figure 1, top), however, is much simpler consisting of nine resonances which, with the exception of the methyl resonance (at 0.25 ppm), are all of equal intensity. This indicates that, under these conditions, EuS-THP™ lacks an inner-sphere water molecule.

As water is added to each sample, the resonances of all exchangeable protons broaden as a result of chemical exchange.

In the case of EuS-THP™ the most highly downfield-shifted resonance (at 8.9 ppm) broadens as water is added to the sample, suggesting that this resonance corresponds to the hydroxyl protons in the complex (Figure 2). A second broad resonance is observed at 3.0 ppm in the early stages of water addition, corresponding to a coordinated water molecule. As yet more water is added, this peak broadens and merges into the bulk water resonance observed at 4.1 ppm. Thus, it may be reasoned...
that $\Delta \omega$ for the hydroxyl protons is comparatively small ($8.9 - 4.1 = 4.8$ ppm) and $\Delta \omega$ for the coordinated water molecule is even smaller ($4.1 - 3.0 = 1.1$ ppm). On the basis of these assignments, the three peaks shifted furthest downfield in the spectrum of EuCNPHC$^{3+}$ (19.4, 15.6, and 14.3 ppm)—that are observed to broaden, coalesce, and disappear as water is added—are assigned to the three hydroxyl protons of this complex. Owing to the complexity of the spectrum of EuCNPHC$^{3+}$ it is not possible to discern the presence of a weakly shifted resonance arising from a coordinated water molecule. Thus, the absence or presence of a coordinated water molecule in this complex was studied using luminescence lifetime measurements.
The europium-induced shifts of macrocyclic ligand protons are small in both these complexes in comparison to those observed in Eu(DOTA)$^{−13}$ and other analogous complexes. This shift is primarily pseudocontact in origin and as such is determined by the distance and orientation of the proton relative to the europium(III) ion and by the magnitude of the ligand field factor $D_{2}^{14}$. The ligand field factor $D$ is in turn determined by factors such as the polarizability and the arrangement of the ligands around the metal ion. $^{15}$ EuS-THP$^{+1}$ is expected to adopt a twisted square antiprisomic coordination geometry (TSAP),$^{16}$ whereas the tetramide derivatives of DOTA generally prefer a square antiprisomic geometry (SAP). The arrangement of the donor atoms around the metal ion in the TSAP coordination isomer gives rise to a smaller value of $D$ than that in the SAP isomer, and so for the same donor set the TSAP isomer exhibits smaller chemical shifts. Compounded with this is the fact that the alcohol donor atoms in these ligand systems represent poor ligating groups that produce relatively weak ligand fields and hence induce small hyperfine NMR shifts. In contrast, the acetate donor ligands of DOTA, which are much better donors, induce a relatively stronger ligand field and larger NMR shifts. These factors help explain the remarkably small NMR chemical shift observed for the range observed for these complexes. They may also begin to factors help explain the remarkably small NMR chemical shift observed for the coordinated water molecule of EuS-THP$^{+1}$. Although in the DOTA−tetramide complexes of europium the coordinated water molecule is usually shifted to $+55$ ppm or even further downfield, this value is representative of a SAP coordination geometry.$^{7,8}$ In the TSAP coordinated geometry the coordinated water molecule is observed at $+18$ ppm in acetonitrile solution,$^{7}$ but because of the reduced value of $D$, the coordinated water molecule of EuS-THP$^{+1}$ was observed at just $+3$ ppm.

Another feature of the spectra of these complexes is that the peaks in the spectra of these two complexes (Figure 2) undergo small changes in chemical shift as water is added. This is more pronounced in the case of EuCNPHC$^{3+}$ whereupon the span of the spectral contracts with increasing water concentration. In DOTA−tetramide complexes it has been observed that the polarizability of the axial ligand can have a significant effect on the magnitude of $D$ and therefore the chemical shifts of the ligand protons.$^{17,18}$ The tentative assignment that these changes in chemical shifts were due to displacement of acetonitrile from the axial position by water were confirmed by luminescence experiments.

Luminescence Studies. EuS-THP$^{+1}$ has been reported to have one coordinated water molecule in aqueous solution,$^{10}$ whereas EuCNPHC$^{3+}$ reportedly has 1.2 coordinated waters in acidic aqueous media rising to 1.6 in basic aqueous media.$^{11}$ Given that these complexes are without a coordinated water under dry conditions, presumably addition of water to a dry sample increases the extent of hydration of the complex, depending upon the amount of added water. There are a number of experimental methods for determining the hydration state ($q$) of a europium(III) ion, but perhaps the most popular is the luminescence method developed by Horrocks.$^{19,20}$ Since the vibrational levels of OH oscillators overlap with that of emissive excited state of europium(III) ($5D_{0}$) better than those of OD oscillators, $H_{2}O$ quenches emission from europium(III) more effectively than does $D_{2}O$. By comparing differences in the rate constants of luminescence decay of europium(III) in protonated versus deuterated solvents, the hydration state, $q$, may be estimated by using eq 1.

$$q = A(\Delta k - c)$$  \hspace{1cm} (1)

where $A$ is a lanthanide specific proportionality constant ($A_{Eu} = 1.2$), $\Delta k$ is the difference between the rate constant of luminescence decay in $H_{2}O$ and $D_{2}O$, and $c$ is a correction factor. In the present case, the three hydroxyl OH oscillators, the two NH amide oscillators, and any outer-sphere OH oscillators will affect the observed lifetimes and must therefore be taken into account using the correction factor $c$.$^{12,21}$ The contribution of each hydroxyl OH oscillator to $\Delta k$ will be the same as that of a water OH oscillator, $0.41$ ms$^{-1}$; the amide NH oscillators, which are much less efficient quenchers, will contribute just $0.075$ ms$^{-1}$ each. Because the concentration of free water in the samples of interest is low, the contribution of outer-sphere water molecules to the quenching of the europium(III) excited state is expected to be extremely low, and its contributions were therefore neglected. The result is that for EuCNPHC$^{3+}$ $q$ can be determined by using eq 2.

$$q = 1.2(\Delta k - 1.38)$$ \hspace{1cm} (2)

A thoroughly dried sample of EuCNPHC$^{3+}$ in anhydrous acetonitrile was prepared, and the luminescence lifetime of the europium(III) ion was measured with progressive addition of water. As expected, the rate constant of luminescence decay was found to increase from $3.53$ ms$^{-1}$ in the complete absence of water to $4.21$ ms$^{-1}$ in the presence of 200 or more equivalents of water (Figure 3). This observation is consistent with an increase in the hydration number of the complex. Comparison of these data with those from an identical experiment carried out using $D_{2}O$ should allow the direct calculation of $q$ across these conditions using eq 2. However, it is very difficult to ensure the complete exclusion of protons from the sample at extremely low $D_{2}O$ concentrations which in turn compromises H/D exchange so that luminescence lifetimes for fully deuterated complexes (Figure 3). This value is similar to that obtained by Parker for a tetraamide derivative of DOTA ($K = 24$ M$^{-1}$).$^{18}$ This number allows the concentration of coordinated water molecules in the NMR samples to be calculated. The value of $q$ was also

(18) Dickens, R. S.; Parker, D.; Bruce, J. I.; Tozer, D. J. Dalton Trans. 2003, 1264.
calculated directly from the experimentally determined lifetimes at higher water concentrations where the D_2O measurement is not comprised by ineffective H/D exchange. At [H_2O] = 2.813 M the value of Δk was found to be 2.16 ms^{-1}, using eq 2 gave a value of q = 0.94, consistent with a q = 1 complex. At these concentrations a binding constant of K = 6.4 M^{-1} indicates that 94.4% of the complex is hydrated, confirming that in fact the complex does pass from q = 0 to q = 1 under these conditions.

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\text{EuCNPHC}^{3+} + H_2O \leftrightarrow \text{EuCNPHC(H}_2\text{O)}^{3+} \tag{3}
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The emission spectra of EuCNPHC^{3+} were recorded as a function of added water (ESI sheet 1) to determine whether one can detect changes in coordination geometry using this technique. Although the precise location of the donor atoms in the coordination polyhedron cannot be determined from the emission spectra of europium(III) complexes, the \( ^5\text{D}_0 \rightarrow ^7\text{F}_1 \) and \( ^7\text{F}_1 \) emission bands at 594 and 613 nm, respectively, may be sensitive to changes in coordination number.\(^{19}\) The intensity of the \( \Delta J = 2 \) band is considered to be “hypersensitive” to the europium(III) coordination environment, whereas the \( \Delta J = 1 \) band consists of two transitions, the separation of which is determined by the axial crystal field coefficient. Although the relative intensities of these bands remained the same as water was added (not shown), the overall intensity of the spectra did diminish slightly due to nonradiative quenching of the europium(III) excited state by water. The absence of changes in the relative intensities of the \( \Delta J = 1 \) and 2 bands supports our hypothesis that the small changes in the lanthanide-induced shifts observed in the NMR spectra are not indicative of substantial changes in the coordination geometry.

CEST Studies. Of the two complexes examined here, EuCNPHC^{3+} appears to be the more promising candidate as a PARACEST agent. The resonances of the hydroxyl protons have relatively large hyperfine shifts (\( \Delta \omega > 11 \) ppm), and the proton exchange rate remains relatively slow even after addition of water. In contrast, the hydroxyl protons in EuS-THP^{3+} exhibit a much smaller \( \Delta \omega \) (~5 ppm, \( \Delta \omega \) is even smaller for the bound water resonance), comparable to that for typical diamagnetic CEST agents. In addition, the hydroxyl proton resonances exhibit substantial exchange broadening after addition of even small quantities of water, indicative of rapidly accelerated proton exchange. These same features were apparent in the CEST spectra of both complexes. The CEST spectrum of EuS-THP^{3+} recorded in acetonitrile, with just enough added water to observe a bulk water signal, showed only a small CEST peak as a shoulder on the high-frequency side of the bulk water resonance while the CEST spectrum of EuCNPHC^{3+} proved to be much more interesting (Figure 4). CEST spectra were collected as a function of added water using various presaturation periods (0.5, 1, and 2 s) and at different applied presaturation power (B_1) values (86, 108, 135, 225, 290, and 302 Hz). As anticipated on the basis of exchange theory, an increase in B_1 resulted in increased CEST\(^{22}\) but also increased spectral line broadening. The CEST spectrum of EuCNPHC^{3+} recorded at the two lowest water concentrations showed a total of five CEST peaks, three corresponding to the three nonequivalent hydroxyl protons, one to the coordinated water molecule (observed as a shoulder on the high-frequency side of bulk water), and one to the amide proton (observed as a shoulder on the low-frequency side of bulk water). As more water was added, the bulk water resonance broadened to an extent whereby the coordinated water and amide CEST peaks were no longer resolved. Additionally, the peaks arising from the hydroxyl protons broaden, shift, and merge such that at higher water concentrations ([H_2O] > 1000 mM) they appear as a single broad CEST peak.

The spectrum of EuCNPHC^{3+}, recorded at the lowest water concentrations, offered a unique opportunity to investigate the individual exchange processes that occur between five different exchange sites within a single complex. The Bloch equations\(^{23}\) modified for chemical exchange have long been used to describe exchange processes in NMR experiments, but only recently has a complete solution to these equations been feasible for mathematical fitting procedures.\(^{22}\) A model incorporating six exchanging pools (five sites on the complex exchanging with bulk water) was derived from the modified Bloch equations and used to fit the CEST spectra of EuCNPHC^{3+}. Since further increases in CEST intensity did not occur for presaturation periods greater than 2 s, it was assumed that the 2 s spectra were at steady state, and these were chosen for initial fitting. The fitting procedure was limited to spectra recorded only at the lower presaturation powers, 86 and 108 Hz.

The CEST spectrum of a system comprising six exchanging pools of protons is described by 23 different NMR parameters, the T_1, T_2, and chemical shifts of each exchanging site and five exchange rates. A six-site exchange model, based upon an extension of a previous three-site exchange model,\(^{22}\) was devised in which each exchangeable proton of the complex is able to exchange with the bulk water but none are permitted to exchange with other exchangeable protons of the complex. The concentration of each pool of exchanging protons could be determined from the known complex concentration and the binding constant of the complex with water. The chemical shift of each pool was first determined from 1D 1H NMR spectra (Figure 2) and the T_1 values were determined experimentally for samples at lower water concentrations. However, owing to line broadening caused by chemical exchange and to the paramagnetic line broadening caused by the europium(III) ion, measurement of T_2 from high-resolution NMR spectra was not possible. Since


$T_2$ must be $\leq T_1$, the $T_2$ values in the data fitting process were constrained by these limits. The measured $T_1$ values for each exchanging resonance, except the bound water and amide resonances, are summarized in the electronic Supporting Information (ESI 1). As water was added to the sample, the amide and hydroxyl resonances broaden and eventually disappear, hampering the $T_1$ measurement. Accordingly, $T_1$ was only measured up to the point at which line broadening prevented reliable measurement. It was found that the $T_1$ of the hydroxyl protons was not significantly affected by the first two additions of water, and given the impossibility of $T_1$ measurement at higher water concentrations, it was assumed that the $T_1$'s of the protons in the complex do not change as the water concentration was increased. The $T_1$ of the EuOH$_2$ protons and of the amide protons, which could not be measured, were assumed to be the same as the hydroxyl protons, although inevitably this assumption decreases the reliability of the fitted parameters of these exchanging pools.

Figure 4. CEST profiles of a 36 mM solution of EuCNPHC$^{3+}$ at different water concentrations, recorded in $d_3$-MeCN at 296 K and 270 MHz with presaturation power of 86 Hz and duration of 2 s.

The data collected at each water concentration was then fitted to this model after fixing the $T_1$ values to those listed in ESI S1. Initial attempts to fit the data by allowing the $T_2$ values to float were not satisfactory. Good fits, except for the sample with the lowest water concentration, were obtained with $T_2 < T_1$ for the EuCNPHC$^{3+}$ protons and $T_2 = T_1$ for the bulk water protons ($T_2$ and $T_1$ are thought to be nearly equal for bulk water in these samples). For the sample with the lowest water concentration, a satisfactory fit was obtained with the constraint $T_2 < T_1$ for the bulk water. The fits to the data were best at the lower water concentrations where the spectra were better resolved. Nonetheless, given that the resonances of the three hydroxyl protons shift together, eventually coalescing into a single broad peak, this model may not account for all the exchange processes. A second six-site exchange model, which allowed the hydroxyl protons to exchange with one another as well as with those of bulk water, was also used to fit the data in comparison. Although the data also fit well to this model, the rate of intramolecular
exchange between the hydroxyl protons was found to be extremely slow (~2 s⁻¹). We presume therefore that intramolecular exchange between the hydroxyl protons does not occur to a significant extent in this complex. As a result the exchange rate constants presented in Table 1 are those obtained from the model in which exchange is permitted only with the bulk water.

The results of the data fitting show that at the lowest water concentration all exchangeable protons on EuCNPHC³⁺ exchange with the bulk water protons rather slowly. Owing to the poor resolution of the amide proton and coordinated water molecule resonances, the exchange rates for these pools have a large uncertainty. In contrast, the peaks corresponding to the hydroxyl protons are well resolved even at slightly higher water concentrations, and the exchange rates obtained for these pools are much more reliable.

From Table 1 it can be seen that the three hydroxyl protons in EuCNPHC³⁺ exchange with the bulk water at comparable rates and the rate constant increased as more water was added. Since the three hydroxyl peaks move together eventually forming a large CEST peak when [H₂O] > 1000 mM, the exchange rate for each individual hydroxyl proton becomes more difficult to determine, and an average value for the three hydroxyl protons is a more reliable indicator of the exchange processes. When the exchange rate constants for the three hydroxyl protons obtained using B₁ = 86 and 108 Hz were averaged, it was found that there is a linear increase in exchange rate constant with [H₂O] (Figure 5). This acceleration in proton exchange has significant implication for the use of this complex as a CEST agent.

To be useful for CEST imaging, an agent must observe the slow exchange condition for NMR experiments set out by eq 4. Thus, for a maximum Δω of 17 ppm the smallest value of τₑ that satisfies eq 4 at 270 MHz would be 220 μs (kₑ = 4590 s⁻¹). In other words, at an average exchange rate constant of about 5000 s⁻¹, this system is already approaching its maximum permissible exchange rate for CEST experiments at water concentrations less than 3 M. It is to be expected that as water is added above this level, the CEST effect will fall off rapidly as exchange exceeds the condition in eq 4. It is not surprising, therefore, that when CEST spectra of EuCNPHC³⁺ are acquired in 50% and 100% water solutions no CEST effect can be observed. The reason for this is clearly that exchange has accelerated beyond the slow exchange limit.

$$\Delta \omega \cdot \tau_e \geq 1$$

(4)

Conclusions

The magnitude of the hyperfine shift, largely pseudocontact in origin, experienced by protons in paramagnetic lanthanide complexes is governed by geometrical constraints (distance and angle with respect to the magnetic anisotropy of the metal ion center) and a number of ligand field parameters. In complexes derived from cyclen, it is the ligand field parameters, described in more detail by Bleaney and Binnemans, rather than the distance and orientation of the protons, that has the largest effect in determining the magnitude of the hyperfine pseudocontact shifts of protons in such complexes. In complexes with strong donor groups such as DOTA, the induced shifts are large, whereas in complexes consisting of weaker donor atoms, such as tetraamid derivatives, the induced shifts tend to be smaller. The relative ligand field experienced by the europium(III) ion in complexes containing several hydroxyethyl pendant groups is weaker still and hence the proton hyperfine shifts in these complexes are even smaller. The result is that the chemical shift differences between bulk water protons and all the exchanging pools of protons in the complex are very small in Eu₅-THP³⁺, a ligand containing four alcohol pendant groups. Although the induced shifts are larger in the case of EuCNPHC³⁺, perhaps owing to the presence of one amide donor group, the chemical shift difference, Δω, remains relatively small for this complex. Nevertheless, in acetonitrile containing only a small amount of water, proton exchange is slow enough for the CEST requirement (eq 4) to be met in the case of EuCNPHC³⁺. In dry samples, five CEST peaks for each of five exchanging pools of protons may be observed, and a model derived from the Bloch equations may be used to extract exchange rate information. The rates of exchange of the amide and coordinated water molecule could not be reliably determined as the water content was increased. The rate constant for exchange of the hydroxyl protons, on the other hand, was found to accelerate linearly with

pseudocontact shifts in NMR experiments, such as Dy\textsuperscript{3+}, suggests that a lanthanide with a greater capacity to induce CEST may be effective in the absence of an appreciable CEST effect is no longer observed. In Eu\textsuperscript{3+}, the kinetic processes lead to a decrease in luminescence lifetime is comparatively small, which decreases the uncertainty in the water binding measurement, the value of 40 ppm. This suggests that a lanthanide with a greater capacity to induce pseudocontact shifts in NMR experiments, such as Dy\textsuperscript{3+} or Tm\textsuperscript{3+}, would be a better choice of lanthanide if a CEST effect is to be observed in pure water with this ligand. An alternative strategy may be to redesign the ligand with different substituents α- to the hydroxyl groups that are able to slow the rate of exchange of the hydroxyl protons.

Finally, the question of whether the increase in N achieved by employing alcohol pendant arms would lead to an increase in the CEST effect must be addressed. This may be assessed by comparing the CEST spectra of EuCNPHC\textsuperscript{3+} recorded with increasing water concentrations; equations used to fit the CEST spectra of EuCNPHC\textsuperscript{3+}. The observed luminescence lifetime, $\tau_1$, is the luminescence lifetime of hydrated complex (0.234 ms), and $\tau_0$ is the luminescence lifetime of the unhydrated complex (0.283 ms). Although the observed decrease in luminescence lifetime is comparatively small, which increases the uncertainty in the water binding measurement, the value of K obtained by this method proved extremely reproducible.

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Supporting Information Available: Emission spectra of EuCNPHC\textsuperscript{3+} recorded with increasing water concentrations; longitudinal relaxation rates of the six proton pools of EuCNPHC\textsuperscript{3+} with increasing water concentrations; equations used to fit the CEST spectra of EuCNPHC\textsuperscript{3+}. This material is available free of charge via the Internet at http://pubs.acs.org.

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